

Online Resources

Dr. Philip M. Sutton - Some Suggestions for Responding Wisely to Another's Worrisome or Troublesome Behavior : *(General - Worksheets)*

couragerc.org/.../04/Whats-a-Parent-Family-Member-Friend-or-Pastor-to-Do.pdf

Father Philip Bochanski, executive director of Courage International. Keynote address at the 'Truth and Love Conference' Oct. 23. : *(Relationships - Transcribed Address)*

www.ncregister.com/news/no-one-lives-on-a-...-accompany-those-with-same-sex-attraction

Daniel Mattson writes to those who have children struggling with same-sex attraction . . . : *(Relationships - Short Article)*

<https://legatus.org/news/dealing-with-same-sex-attraction>

Andrew Cominsky - Fighting for Freedom A Prayerful Response to 'Gay' Love Ones : *(Relationships - Multiple Articles)*

DSM-Newsletter-Year-End-2014-WEB.pdf

Daniel Mattson (+Cavera, Robert, and Susan) - From Pain to Peace : *(Relationships - Audio File)*

avemariaradio.net/wp-content/uploads/2016/05/08-R-and-S-Cavera-Pain-to-Peace.mp3

Daniel Mattson - How Parents Should Respond to a Child "Coming Out" : *(Relationships - Multiple Articles)*

<https://aleteia.org/2014/08/06/how-parents-should-respond-to-a-childs-coming-out/>

Focus on the Family - How to Talk To Your Children About Homosexuality : *(Parent Teaching Aid - Multiple Ages)*

media.focusonthefamily.com/.../tvkit4-how-to-talk-to-your-children-homosexuality-sept14.pdf

Joan Desmond - Loving a Child With Same-Sex Attraction : *(Pastoral Interview : Fr. Paul Check)*

www.ncregister.com/news/loving-a-child-with-same-sex-attraction-2bospsrm

Father Philip Bochanski - Radical invitation for those with SSA to be a part of the Church : *(Pastoral Interview)*

catholicvoiceomaha.com/qa-with-father-philip-bochanski-of-courage-international-inc-christ-and-his-radical-invitation/

Father Philip Bochanski - Letter to German Bishops : *(Pastoral Letter)*

www.catholicnewsagency.com/news/250899/open-letter-in-cardinals-marx-and-hollerich-catholic-teaching-on-homosexuality

Website Resources

Truth and Love - <https://truthandlove.com/resources/>

For decades, the Catholic Church has been extending its outreach to men and women who experience same-sex attraction, helping them to live chaste lives and to embrace their identity as sons and daughters of God. Years of experience have revealed the need for comprehensive formation for those directly involved in this ministry; in addition, there are those seeking to deepen their understanding of this complex issue which is a lived reality for so many people. Truth & Love is a response to these needs. Here, you will find a wide array of resources, ranging from theological perspectives on human sexuality and chastity, to health and wellbeing, to providing authentic pastoral care for SSA individuals. Whether you are a priest, religious, a healthcare worker, a layperson, and whether you or a loved one experiences same-sex attractions, we believe you will find here a wealth of information to guide you.

Courage International - <https://couragerc.org/resources/>

Courage members are men and women who experience same-sex attractions and who have made a commitment to strive for chastity. They are inspired by the Gospel call to holiness and the Catholic Church's beautiful teachings about the goodness and inherent purpose of human sexuality.

EnCourage members are parents, spouses, siblings and friends of people who identify as LGBTQ. They are looking for help to keep the faith and keep their family bonds intact.

Person & Identity Project - <https://personandidentity.com/>

The mission of the Person and Identity Project (PIP) is to assist the Catholic Church in promoting the Catholic vision of the human person and responding to the challenges of gender ideology.

Sexual and Gender Identity Institute -

<https://www.wheaton.edu/academics/school-of-psychology-counseling-and-family-therapy/sexual-and-gender-identity-institute/resources/>

The Sexual and Gender Identity Institute (SGI) is comprised of professionals who conduct original research on sexual or gender identity and faith to help further our understanding of these complex experiences for individuals, to be a resource to families navigating these experiences; and to be a resource to Christian institutions (e.g., churches, colleges and universities, campgrounds, parachurch ministries, and so on) as they make decisions about these topics and how to best serve others.

Rich Gift of Love - <http://www.newmanconnection.com/institute/courses/rich-gift-of-love>

The Rich Gift Of Love: An Insight into JPII's Theology of the Body. To whom will I entrust myself? How will I know if another person is worthy of my love? Worthy of my trust? How will I know if I am worthy of another's love and trust? This course explores John Paul II's understanding of love as self-gift, loving through our bodies and doing it in the context of living for our families, our society and our culture.

EnCourage Resources

Catholic Church Resources

Catechism of the Catholic Church, "Chastity and homosexuality," nos. 2357-2359

USCCB, [Ministry to Persons with a Homosexual Inclination](#) (2006)

Congregation for the Doctrine of the Faith, [Letter to the Bishops of the Catholic Church on the Pastoral Care of Homosexual Persons](#) (1986)

Online Chat Groups (*Anonymity permitted*)

EnCourage members are invited to participate in our online chat groups which are a great way to remain connected with your brothers and sisters in Christ – you can share stories, anecdotes, prayer requests, ask questions, and most importantly support one another in living out the goals of Encourage. <https://couragerc.org/chat-groups-overview/>

EnCourage Prayer Call - : Every night at 9:00 PM Eastern:

<https://couragerc.org/wp-content/uploads/2018/01/EnCourage-Prayer-Call-Description-and-Instructions-8.pdf> - E-mail EnCourage Mom and prayer call coordinator at

praywithcourage@gmail.com, using the subject "prayer call," to sign up or with any questions.

Counseling Resources

The Diocese of Colorado Springs has a list of counselors that have presented themselves as Catholic. [Link](#)

EnCourage Resources

Video Resources

LGBT/General

St. Joseph: Pillar of Families - Greg Bottaro, Psy.D., CatholicPsych Institute - [Link](#)

St. Joseph: Husband of Mary & Virginal Father of Jesus - Fr. Ricardo Piñeda, CPM - [Link](#)

St. Joseph the Worker: Model of Masculine Virtue - Fr. Ricardo Piñeda, CPM - [Link](#)

Living Deeply in a Shallow world - Deacon John Green & Mrs. Carolyn Green - [Link](#)

Gender Discordance

St. Joseph: Mirror of Patience - EnCourage Parents of Transgender Children - Deacon Patrick Lappert, M.D., Board of Directors, Courage International - [Link](#)

St. Joseph: Most Courageous - EnCourage Parents of Transgender Children - Mary Rice Hasson, JD, Board of Directors, Courage International - [Link](#)

St. Joseph: Solace of the Grieving - EnCourage Parents of Transgender Children - Dr. Christopher Gross, Divine Mercy University - [Link](#)

St. Joseph: Most Faithful and Most Obedient - Fr. Philip G. Bochanski Executive Director, Courage International - [Link](#)

Transgender Movement : What Catholics Need to Know - EWTN - [Link](#)

EnCourage Resources

Books

LGBT/General

Miller, Leila & Horn, Trent (2018). *Made This Way: How to Prepare Kids to Face Today's Tough Moral Issues*. Catholic Answers Press.

Schmitz, Father Michael (2020). *A World Undone: Finding God When Life Doesn't Make Sense* Kindle Edition. The Word Among Us Press.

Wojtyla, Karol [St. Pope John Paul II] (1993). *Love and Responsibility*. Ignatius Press.

Dajczer, Father Tadeusz (2020). *The Gift of Faith. In the Arms of Mary*.

Cloud, Dr. Henry & Townsend, Dr. John (2017). *Boundaries Updated and Expanded Edition: When to Say Yes, How to Say No To Take Control of Your Life*. Zondervan.

Burke, Dan (2020). *Spiritual Warfare and The Discernment of Spirits*. Sophia Institute Press

SSA

Schmitz, Father Michael (2018). *Made for Love: Same Sex Attraction and the Catholic Church*. Ignatius Press.

Prosen, David (2019). *Accompanying those with Same-sex Attractions: A Guide for Catholics*. Our Sunday Visitor.

Harvey, Father John F. Harvey O.S.F.S. (2013). *Homosexuality & the Catholic Church: Clear Answers to Difficult Questions*. Ascension Press.

Smith, Janet & Check, Father Paul (2015). *Living the Truth in Love: Pastoral Approaches to Same-Sex Attraction*. Ignatius Press.

Gender Discordance

Shrier, Abigail (2020). *Irreversible Damage: The Transgender Craze Seducing Our Daughters*. Regnery Publishing.

Keffler, Maria (2021). *Desist, Detrans & Detox: Getting Your Child Out of the Gender Cult*. Partners for Ethical Care.

Edited by Finley Ph.D., John D. (2022). *Sexual Identity: The Harmony of Philosophy, Science, and Revelation*. Emmaus Road Publishing.

Grabowski Ph.D., John S. (2022). *Unraveling Gender: The Battle Over Sexual Difference*. TAN Books.

Jason Evert (2022). *Male, Female, Other? : A Catholic Guide to Understanding Gender*. Totus Tuus Press.